

# HELLO

my name is

**mrs. benford**

EXECUTIVE ADMINISTRATIVE  
ASSISTANT & OFFICE  
MANAGER

**education:**

Jazz Music Studies from Humber College

**contact me:**

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**about me:**

I enjoy spending time with God, family & friends. I am blessed to be a wife and mom to two children.

Fall is my favourite season. I love creativity through the arts, music and visual performance.

**favourite  
scripture:**

**Galations 6:9**