

November 1, 2021



Dear Parents:

The purpose of attending Upward Trek (just south west of Peterborough) is to offer the students a unique learning experience in a variety of areas. To this end, PCS will assist the students' growth through instruction and application. This experience is designed to provide the students with opportunities to develop their abilities. Some of the objectives include: learning about teamwork, leadership skills, work ethic, and communication. As well, students will take part in activities that will stretch them out of their comfort zone.

Date: November 15th, 2021

Students will leave at 8:45 a.m. and arrive back at school at 8:00 p.m. We will be travelling by bus. The students will be asked to bring their own lunch and we will be making hamburgers for dinner.

Students should pack in 1 bag, what is on the suggested list on the bottom of this form. **It is imperative that students bring their actual health card on the day of the trip.**

Cell Phones/Electronics

Cell phones are not allowed at Upward Trek. In case of emergencies you can either contact us via the school or Mr. Ogborne's cell # 905-622-6440.

Yours in His Service,

Mr. N. Ogborne
Vice Principal

(Upward Trek - November 1th, 2021)

Permission:

I give permission for _____ to participate in Upward Trek.
I do not give permission for _____ to participate in Upward Trek.

Medication: You may administer ___Advil, ___Benadryl, ___Tylenol

Does the student have any special medication with them?

No _____ Yes _____ Type _____ Purpose _____

Parent's Signature

Date

Packing List

- | | |
|---|--|
| <input type="checkbox"/> re-useable water bottle labelled with student's name | <input type="checkbox"/> extra change of clothes |
| <input type="checkbox"/> winter hat and gloves, sweater | <input type="checkbox"/> running shoes |
| <input type="checkbox"/> rain gear (check the forecast) | <input type="checkbox"/> mask |