

# HELLO

my name is

## **mrs. benford**

EXECUTIVE ADMINISTRATIVE  
ASSISTANT & OFFICE  
MANAGER

### **education:**

Jazz Music Studies at Humber College

### **contact me:**

[jbenford@pickeringcs.on.ca](mailto:jbenford@pickeringcs.on.ca)

### **about me:**

I love quality time with my wonderful family and friends! Fall is my favourite season! The crunchy leaves, crisp mornings, and warm, cozy vibes that inspire creativity and adventure. I enjoy expressing my creativity through art and music, and I also love going on adventures to explore new places.

**favourite  
scripture:**  
Galations 6:9

